



Meals on Wheels
Eurobodalla

**VOLUNTEER WORKER NEWSLETTER
AUGUST 2019**



The month of April was a very good one for our organisation but July matched it!!

In the last Newsletter I mentioned about the support given by the three Rotary Clubs of the Shire, and the Moruya Jockey Club who will donate the proceeds of their Christmas Community Race Day (22 December) to us along with Yumaro.

The money will be used to purchase a 'people mover' which the two organisations can use to transport clients to and from events. This will greatly help our growing Out and About programme.



We will need your assistance to sell raffle tickets, to attend the Race day as race day 'punters' but also to 'man' the gates and sell the remaining tickets. This is a great opportunity to have a Christmas function with a group of friends or enjoy a fun day with family and friends.

We have been fortunate to have three other groups also support our work.

Through an application to Club Grants, the Batemans Bay Soldiers Club has given us \$10,000 towards the running of our bus for the next year. This is a tremendous gift and will greatly help the Budget and our planned activities. Please support the Club by visiting them from time to time.

We have also received a \$500 donation from the Commonwealth Bank (Moruya) for our work, and the Moruya Golf Club ran a Golf Day on 23rd June with the \$500 proceeds coming to us to assist with some training for volunteers.



These two donations are also greatly appreciated and we are thankful for the support of these community groups.

Such support is very special and tells us that our work is well respected within the

community, and this is due to the excellent service you provide for our clients.

This was also highlighted in the report we received from the Aged Care Safety and Quality Commission who came to look at our services, policies and procedures earlier in the year. The report highlighted the work of our volunteers; for the excellent service, the quality of the service received by the clients (*as the clients who met with the Team Leader were full of praise for your efforts*), and the culture within the organisation which seeks to value your work.



So, thank you very much for all that you do and we hope you will join us for High Tea on **Wednesday 11 September** at the Moruya Jockey Club so the Board and Staff can thank you for all that you do.

I do hope that you will be able to join us.



Meals on Wheels
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Board of Directors
is pleased to invite you to the

The Combined Volunteers' High Tea

Wednesday 11th September 2019

2pm to 4pm

@ Moruya Jockey Club

*Donnelly Drive at North Head Moruya
opposite the Moruya Airport*

Catering – Moruya Rotary Club

**R.S.V.P. Tuesday 27th August 2019
on 4474 4464**

Please advise any dietary needs

THANK YOU FOR VOLUNTEERING
Volunteers like you are the life blood of Meals
on Wheels

*Please Note: The bar will not be
operational.*

BOARD NEWS

The Board continues to work hard and as the end of the financial year came around, they were particularly keen to discuss our direction (*Strategic Plan Review and Workshop*), reviewing how well we had done (*End of Financial year accounts*) as well as preparing for the new year (*Budget preparation*). These are key features of the Governance of any organisation and are always at the front of the Boards thinking.

The Board will hold the Annual General Meeting on Monday 28 October at the Catalina Club in Batemans Bay. This morning meeting is open to all Members. Nominations to fill three Board positions are to open at the start of September. To be able to stand, you need to be a Member of the Cooperative and I will discuss this at the High Tea.

MEALS NEWS

There are always little things for us to think about to make sure we are doing things well. As we head into Audit time, I need to remind you to check the Cash Boxes you take on your runs - please count it before you leave on your run and when you come back. **Also please look closely at the dates on the cheques.** We have been caught on these matters recently.

We have received some additional funding to grow our meals numbers. If you know of, or hear of people who could use our service, please let them know what we offer. We can give you an Information Pack if you would like to pass on to them.

OUT AND ABOUT NEWS

Lunch About is very popular and we trialled during July taking our clients on Lunch About twice a week. This has seen us going 'out of the Shire' on Tuesdays and to venues 'within the Shire' on Fridays. We will evaluate how well this went and could have this as a permanent arrangement.

This would see us having two activity-based days (Monday in Narooma and Thursday in Batemans Bay). This trial is part of our Continuous Improvement discussions we have to ensure we are giving to the clients what they want.

INDIVIDUAL SOCIAL SUPPORT NEWS

Growing numbers...this is wonderful and our thanks to Mim for her work in establishing this area. We have had a huge number of new clients using these services but this means we are in need of more volunteers who can take people to appointments, shopping or to share a cup of tea with. We also have a growing call for gardening (court yard type gardening and certainly NOT lawn mowing). If you can help please contact Mim to discuss how these sessions are arranged.

VOLUNTEER SURVEY

With this Newsletter is the Volunteers Survey 2019. I hope you will be able to take a few minutes to complete this and to send it back to us. Your thoughts are most welcome as we continue to develop Eurobodalla Meals on Wheels as a successful Cooperative that serves our clients well but which also provides for you as a volunteer. We want everyone to be a winner and for you to continue enjoying your role in helping others.

THE MANAGERS MEMO

Our logo is becoming well recognised. Our name is well known. The service we offer is well received.

However, in thinking about our Brand, we are aware that it is regarded as a service for the elderly and frail. But there are many who would benefit from what we offer however sometimes vanity stands in the way – I don't need it, I am ok!

We have to change this philosophy. We are trying to build wellness and reablement into our programmes so to make sure our clients remain independent and living in their own homes for longer. We are trying to introduce new services.

So how can we do this....do we need to rebrand our Cooperative with a new name which highlights that we provide several services...meals, social support and recently a service for those professionals who have been diagnosed with Alzheimer's – have you heard of our PALZ Programme? Please ring - I would love to hear your views.

This is the type of discussion the Board has as it looks to guide the Cooperative into the future. It is interesting to think about this matter as we secure the Cooperatives business and social contributions. Contribute as a Director!!

Your WHS Rep: Les Carter Contact on 44723632 or 0491441968 or email proteaplace6@gmail.com

Our Sponsors We thank the following who have supported us this year.

- Soldiers Club of Batemans Bay
- Commonwealth Bank (Moruya)
- Moruya Golf Club - where we hold our monthly Board meetings, and for the Golf Day
- Moruya Jockey Club - where we hold our annual Volunteers Thank you, and now the Community Race Day
- Rotary Clubs of Batemans Bay, Moruya and Narooma who support the Community Race Day

