



Meals on Wheels
Eurobodalla

VOLUNTEER WORKER NEWSLETTER DECEMBER 2019



The end of the year is here but we have one big task to complete. In the last couple of Newsletters, I have mentioned this and remind you of it again, as it is so important to us that we do well.

The support being given by the three Rotary Clubs of the Shire, and the Moruya Jockey Club who will donate the proceeds of their Christmas Community Race Day (22 December) to us along with Yumaro is amazing.

The money will be used to purchase a 'people mover' which the two organisations can use to transport clients to and from events. This will greatly help our growing Out and About programme.

We will need your assistance to sell raffle tickets, to attend the Race day as race day 'punters' but also to 'man' the gates and sell the remaining tickets. This is a great opportunity to have a Christmas function with a group of friends or enjoy a fun day with family and friends.



So please keep up the selling right through until 20 December please.

We have been fortunate to have had many groups support our work this year.

BOARD NEWS

The Annual General Meeting was held at the Catalina Club on Monday 28 October. We are most grateful to the Club for their support of our meeting and organisation. We have a full Board of seven members which is wonderful and we have now had this for four years. Thank you to each Member who has offered to serve and contribute in this manner.

We have also had a Food Panel which has had a full complement of members. These two key groups need to have full membership to allow for a sharing of ideas and views. This happens and I am pleased to note that each has significantly contributed to our Cooperative.

I do remind all volunteers that they can serve on the Food Panel if they wish (four meetings a year) or on the Board where you need to be a Member. Membership of the Cooperative is free and the more volunteers who become Members the stronger our Cooperative is in the eyes of the community and Government.

We will be inviting people to attend the Board meetings in 2020 so to be aware of what happens and this awareness of the role and responsibilities may assist people who could consider being a Board member. Succession Planning is important if we wish to keep our Cooperative strong.

MEALS NEWS

Our Summer menu is well underway and has been received well by our clients. Our Christmas Menu has been set and approved by the Food Panel and the Board. This will be advertised to clients at the start of this month and we ask all meals volunteers to check that clients have completed the menu, and that it has been returned to us.

Four things please-

- **As our weather has warmed could I please ask that all delivery people are wearing their shirt.**
- **Could I also ask that the signs are put on the car doors?**
- **The Floats that are taken out are your responsibility and do need to be checked.**
- **Could you check that you have wiped your feet before entering homes...we did have an issue recently**

Thank you, as always, for your interest in our clients and their welfare. I know that you become fond of the people you assist and go the extra mile to take a smile, good cheer and a thoughtful comment or two. Please keep up this very fine work and thanks to those available over Christmas and New Year for emergency deliveries. Bethany will contact you if you are needed.



A reminder that we have received some additional funding to grow our meals numbers. If you know of, or hear of people who could use our service, please let them know what we offer. We can give you an Information Pack if you would like to pass it on to them.



OUT AND ABOUT NEWS

We are excited! We are about to go to five days! With some facility changes at the Moruya office we are able to add the fifth day to our programme. This is exciting and will see a focus on Reablement each Wednesday. This will see us 'reteaching' skills that our clients may have lost over the years. If you wish to be involved, then let Chelsea know.

We have also made some small changes to our programme. Friday is a Lunch About day where we visit local facilities while our traditional Tuesday Lunch About takes clients 'outside' of the Shire to places such as Braidwood, Ulladulla, Tilba, and Bermagui.

The new format of taking Out and About on the road has now been in place for a year. We are very pleased with how it has developed and the ability to assist more clients. **But, we need more transport options so please sell the raffle tickets and come to the Christmas Races...dress in your best and win the Fashions on the Field competition!**

INDIVIDUAL SOCIAL SUPPORT NEWS

Growing numbers...this is wonderful and our thanks to Mim for her work in establishing this area.

We have had a huge number of new clients using these services. **But, this means we are in need of more volunteers** who can take people to appointments, shopping or to share a cup of tea with. We also have a growing call for gardening (court yard type gardening and certainly NOT lawn mowing). If you can help please contact the office to discuss how these sessions are arranged.



THE MANAGERS MEMO

It was wonderful to report a great year of operation at our Annual General Meeting. If you would like a copy of the Annual Report, please ring me and I shall send one to you by email or post.

This has allowed us to make some changes to our operations, and these have started to become obvious to the keen observer.

- New car signs.... these are smaller and I do ask that you put them on your car.
- New shirts for volunteers.... the Board has agreed to the design and colour and we shall have these produced for the new year. They will cost us much less than the ones we get from NSW Meals on Wheels and will be fresh and exciting. Please wear your shirts when you are working for us.
- Changes to the office.... we are taking over Shop 5 which is next door. A hole has been put in the wall and doors fitted. This will allow us to have our meetings on site and an additional Out and About day. Come and have a look.
- Technology upgrade.... our computers were slow and tired, so they've to be replaced. We upgraded our cabling and our telephone system too. We will keep the old computers for classes for our clients, which will be held in the new room.

It is important for an organisation to develop and remain up to date while never forgetting its prime mission. Our Purpose as is stated in our Strategic Plan is that;

Eurobodalla Meals on Wheels helps make our community stronger by providing services that contribute to the health, well-being and independence of people.

We strive to do this through Our Core Values of Honesty, Empathy and Commitment, which each volunteer does so well. You are loved and thanked by our clients every day; we only hear praise and more praise of your efforts and kindnesses. Thank you so much for all you do.

As we move into 2020, we look to build upon these with our refreshed presentation to the community but retaining what we do best-caring and supporting our clients.

I look forward to your continued fine efforts and wish you the best Christmas time with family and friends, and a new year that is good and kind.

Alan Russell
Manager

Your WHS Rep: Les Carter Contact on 44723632 or 0491441968 or email proteaplace6@gmail.com



Our Sponsors We thank the following who have supported us this year.

- Soldiers Club of Batemans Bay
- Commonwealth Bank (Moruya)
- Moruya Golf Club - where we hold our monthly Board meetings, and for the Golf Day
- Moruya Jockey Club - where we hold our annual Volunteers Thank you, and now the Community Race Day
- Catalina Club -where we held our Annual General Meeting
- Rotary Clubs of Batemans Bay, Moruya and Narooma who support the Community Race Day

