



Meals on Wheels Eurobodalla

VOLUNTEER WORKER NEWSLETTER APRIL 2020

I heard a comedian say, “take me back to 2019!” and I thought NO!

I don't really want to start 2020 again knowing of drought, bush fires and now this virus descending upon us. I don't want to live through all this a second time-do you?!

This has been such a bad start to the year, and we are all suffering. I hope that you have been able to find some way to bring a smile to the people you love and keep in touch with friends. Let us know some of your ways of fighting off boredom.



It has been wonderful to see so many willing to get out and serve the community through delivering meals.

Thank you to all our volunteers, and to those who have rung and ask to become one of our team. This has brought a smile to my face and warm happy feelings.

We have listed all those on our list who are under 70 and have contacted them. They have been given the option to pause their commitment or to tell of how they may assist. From this list we shall develop new rosters and ways of helping those most in need within the community.

If you are over 70 and wish to continue, please contact us to discuss what is required.

We must change the delivery days as the number of clients grow and our teams of volunteers are less. Chelsea and Keith (our paid Out and About staff) will be assisting this area as Out and About is closed.

So, what is happening here - we have our meals operating. We have closed our Group Social Support and our Individual Social Support programmes. We have put PALZ on hold and our work with the Wallaga Lake Elders Group is suspended as the Koori community is in lockdown.

However, we are still able to help in other ways and clients need to contact us and have a discussion.

All of this has happened when things were going so well for us.

- ✓ We had received the new car from the Community Christmas Race Day event and were ready to increase our numbers going to various Out and About events.
- ✓ But the car is being put to good use taking meals to people.
- ✓ Our new shirts had arrived, and a growing number were wearing these around town.
- ✓ The Founder of PALZ in Australia was due to visit this month.
- ✓ Our office had expanded and made ready for Out and About's Wednesday group.
- ✓ We had expanded Out and About to a five-day programme.



VOLUNTEER FORUMS

- ❖ Volunteer Forums have been held twice a year.
- ❖ At this time, we will not be hosting our first one.
- ❖ Our annual volunteers survey will go out in June (and our Clients one will go out in May as usual).
- ❖ High Tea is still planned for July. Let us hope that things are over, and we can have a real celebration!!

Your WHS Rep: Les Carter Contact on 44723632 or 0491441968 or email proteaplace6@gmail.com

Our Sponsors

We thank the following who supported the Community Race Day and their name is on the car.

Rotary Clubs of Batemans Bay, Moruya and Narooma
Moruya Jockey Club Travel Team Batemans Bay Alan May Holden